



The Clench 8

&

Family Fun Run



www.afrikaya.co.uk

In support of the charity Afrikaya
Registered Charity Number 1132367

www.pewseyvalerunningclub.org

Organised in association with Pewsey Vale Running Club

Sunday 12th June 2011 11:00 a.m.

We would like to invite you to participate in the first running of The Clench 8. The event is to raise funds for the charity Afrikaya whose aim is to raise enough funds to build and equip a nursery school in The Gambia.

- **Race HQ, Registration and Refreshments** – St Francis School, Marlborough Road, Pewsey, Wiltshire, SN9 5NT. Tea, coffee, refreshments and cakes will be available.
- **The Course** – Approximately 8 miles. A scenic mixture of footpaths, tracks, cross-country and (a tiny bit) of road. There maybe the odd hill but that means the views are even better. Spikes are NOT recommended but shoes should have a good grip. No dogs please as it is likely that there will be livestock en route.
- **Family Fun Run 10.00a.m.** – Approximately 1.5km cross-country route within the school grounds, £1.50 entry on the day, all ages and abilities welcome. Memento to all finishers. No dogs allowed.
- **Car Parking** – At St Francis School and other car parks - you will be directed to the available parking by our marshals – please obey their instructions. As parking is limited, please consider car sharing if possible. Note that some parking may be 5 – 10 minutes walk away from the start.
- **Toilets, Changing & Showers** – All at the school. Please remove muddy shoes before entering.
- **Drink Stations** – At approx. 3, 6 and at the finish.
- **Prizes** (see website for details) – Male and female individual categories.
- **Results** – Full results will be on the Afrikaya and Pewsey Vale RC websites.
- **T-Shirts / Memento** – As all monies after costs are being donated to the charity we are not providing T-shirts or mementos for this event.
- **Entry** – Online at www.runnersworld.co.uk (additional cost)
By post to arrive by 3 June 2011 - please enclose a correctly stamped C5 (162x229mm) self-addressed envelope, with your application & cheque to the address shown overleaf.
Race information will be available on the Afrikaya and Pewsey Vale RC websites.

UKA License: applied for.

----- Detach and retain details of event -----

THE CLENCHE 8 - ENTRY FORM

Please complete clearly in BLOCK CAPITALS

Forename(s):			
Surname:			
Address:			
Town / City:		County:	
Postcode:		Phone No.:	
E-mail:			
Date of Birth:		Age on Race Day (min. 16 years):	
UKA affiliated Club Name:			
England Athletics Reg. No		Male Female	

Entry Fees: **£7.00 UKA Affiliated** **£9.00 Unaffiliated** (on-the-day entries + £2.00)

Disclaimer: I understand that I take part in this event entirely at my own risk, and that no person(s) or organization(s) will be held responsible for any accidents, injury, illness, loss or damage that may arise as a result of my participation. I declare that I will abide by UKA rules and the directions of the organizer's representatives. I understand that the organizers reserve the right to delay or cancel the event should adverse weather conditions or other circumstances outside of the organizers control pose an unacceptable risk to the participants. On the date of the event I will be 16 years of age or older. Entry fees are non-refundable and non-transferable, even in the event of cancellation.

Signed: _____

Date: _____

Completed Form & Cheque payable to AFRIKAYA should be sent to: -

**Rob Mead
Race Director
Jasmine Thatch
Sunton
Collingbourne Ducis
Marlborough
Wiltshire
SN8 3DZ**

E-mail : robjmead@yahoo.co.uk

Please remember to enclose Cheque and SAE.

Also please ensure there is sufficient postage paid. Royal Mail will not deliver if there is insufficient postage on your entry. If in doubt, check at your Post Office before sending.

Personal Listening Devices - Please be aware that we do not allow participants in our events to use Personal Listening Devices. The reason is the potential danger as a result of participants not hearing marshal's instructions. *It is your safety that is our primary concern.* Failure to comply will result in exclusion from the results.

UKA website: www.realbuzzrunbritain.com
